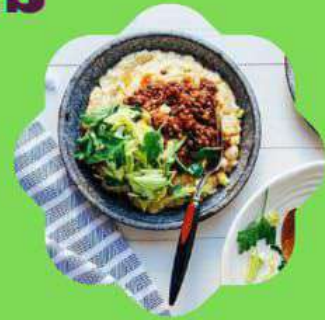


**DEPARTMENT OF HOME SCIENCE,
NIRMALAGIRI COLLEGE, KUTHUPARAMBA**



&
FOOD SAFETY DEPARTMENT, KANNUR

**COMPETITION FOR
SCHOOL/COLLEGE STUDENTS
ON MILLET-BASED
INNOVATIVE RECIPE**



**VENUE: NIRMALAGIRI COLLEGE
DATE: 31/10/2022
TIME: 10.30 AM**



**GUIDELINES FOR
INNOVATIVE RECIPE**

1. EACH GROUP SHOULD BRING 2 PREPARED ITEMS WITH RECIPE
2. MILLET SHOULD BE THE MAIN INGREDIENT
3. FIVE MINUTE RECIPE PRESENTATION FOR EACH GROUP
4. PRESENT A CHART MENTIONING: INGREDIENTS LIST
METHOD OF PREPARATION
HEALTH BENEFITS

**LAST DATE OF
REGISTRATION:
30-10-2022**

**FOR FURTHER
DETAILS CONTACT:**

9497300836

9495907299

9747538402

**I PRIZE:3000/-
II PRIZE:2000/-
III PRIZE:1000/-**

**MAXIMUM 2 GROUPS WITH 2
PARTICIPANTS FROM EACH
INSTITUTION CAN PARTICIPATE**